

23 November 2020

PetroNor E&P Limited
("PetroNor" or the "Company")

PetroNor E&P Limited: Invitation to webcast 30 November 2020

Presentation of Q3-2020 Results

PetroNor (OSE ticker: "PNOR"), the independent oil and gas exploration and production company with a focus on production, development and exploration assets across sub-Saharan Africa, announces that it will host a live webinar presentation of its Q3 results at 10:00 AM (Oslo) on Monday, 30 November 2020.

The webinar will be hosted by the Company's management and moderated by Daniel Stenslet, Analyst with Arctic Securities. The purpose of the webinar is to discuss the Company's results and operations of the third quarter, as well as to present PetroNor's exploration portfolio and corresponding strategy.

Investors wishing to follow can access the webcast through the following link:
https://channel.royalcast.com/landingpage/hegnarmedia/20201130_2/

The playback of the event will be available on the Company's website after the event is finished.

For further information, please contact:

Knut Sjøvold, Chief Executive Officer
Chris Butler, Group Financial Controller
info@petronorep.com

Media Contacts:

Buchanan
Ben Romney
Tel: +44 207 466 5000