

PetroNor E&P Limited: Invitation to Q3 2021 trading update

Oslo, 23 November 2021: PetroNor E&P Limited (OSE ticker: "PNOR"), will release a trading update for the third quarter of 2021 on Friday 26 November 2021.

The update will be published on www.newsweb.no and on the Company's web site www.petronorep.com at around 08:00 CET.

At 11:30 CET on the same day, CEO Knut Sjøvold and CTO Claus Frimann-Dahl will present the results in a webcast hosted by Xtrainvestor. The presentation and subsequent Q&A session will be held in English and may be viewed live at: <https://inqrte.com/xtravideos/petronor-ep-limited-pnor-q3-2021-trading-update/>.

The webcast session will be moderated by Teodor Sveen-Nilsen from SpareBank1 Markets. Questions can be raised beforehand by sending an email to info@xtrainvestor.com or during the meeting by posting a comment on the Facebook events link: <https://www.facebook.com/events/590785882033464>.

A recording of the event will be made available on the Company's website after the webcast.

For further information, please contact:

Knut Sjøvold, Chief Executive Officer
Chris Butler, Group Financial Controller
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About PetroNor E&P

PetroNor E&P Limited is an Africa-focused independent oil and gas exploration and production company listed on Oslo Euronext Expand with the ticker PNOR. PetroNor E&P Limited holds exploration and production assets offshore West Africa, specifically the PNGF Sud licenses in Congo Brazzaville, the A4 license in The Gambia, the Sinapa (Block 2) and Esperança (Blocks 4A and 5A) licenses in Guinea-Bissau, the Rufisque Offshore Profond and Senegal Offshore Sud Profond in Senegal (in arbitration) and OML-113 in Nigeria (subject to completion).